



RALLY POINT: Veteran's Support Programs Collaboration with THE FAMILY CENTER

Rally Point is a collaboration with The Family Center and several Veteran Service Organizations. These programs will focus on getting vets out of their homes, interacting with other vets, and lowering the suicide rates among our heroes. This program will be a rally point for vets to get together with other vets and learn coping skills. These vets will learn the ability to move forward, leave their comfort zone, and get back to participating in life. The main theme will be to show vets that “Your War is Over” - Welcome Home, let's get your life back.

Family Counseling of Columbus provides an 8-week closed, interactive and psychoeducational group. It is designed to help Veterans learn coping skills and improve management of symptoms associated with PTSD and TBI such as anger, avoidance and emotional numbing. To schedule your intake call **(706) 327-3238**. Some Veteran's may qualify for individual counseling services. Services are **FREE** for Veterans who qualify.

Gameday For Heroes provides gameday experiences for Wounded, Active duty, Distinguished Veterans, and Retired Military to collegiate sporting events. Our focus is to restore families, honor those who have put their lives on the line, and to provide a healing atmosphere for our heroes. To apply visit <https://gamedayforheroes.org/military-applications> and like us on Facebook for ticket availability www.facebook.com/gamedayforheroes

Heroes to Heroes Foundation, a non-denominational 501(c)(3) organization, provides a spiritual healing, suicide prevention, and peer support program for veterans who suffer from Moral Injury and PTSD. To apply visit <https://heroestoheroes.org/application/>



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Visit our website
www.thefamilyctr.org

